

**Prep EEC**  
**Field Trip Lunch Menus 2025-2026**  
**Effective 8/14/25**

Option #1	CMS or Recipe Number	Serving Size
Cheese Sandwich	R1008	1 sandwich
Paradise Punch Vegetable Juice <b>OR</b> Orange Medley Juice	CMS #1681, R4657 <b>OR</b> CMS #1308, R4521	1 each
<b>Fresh Fruit: Choose 1</b> Fresh Fruit Option on EEC Menu	Fresh Fruit Option on EEC Menu	1 piece
Low-Fat 6 oz. Milk	Driftwood: CMS #7122, R8022	1 cup
	Clearbrook: CMS #9053, R8034	
Sporkette Kit with Straw	CMS #4126	1 each
Paper Bag <b>OR</b> Grab N Go Bag	CMS #4204 <b>OR</b> CMS #4133	1 each

Option #2	CMS or Recipe Number	Serving Size
Turkey Breast & Cheese Sandwich <b>OR</b> Turkey Breast & Cheese Sandwich, 1/2	R0911 <b>OR</b> R0976	1 sandwich
<b>Condiments:</b> Mustard, Mayonnaise	CMS #1373, R7026 CMS #1014, R7025	1 packet
Paradise Punch Vegetable Juice <b>OR</b> Orange Medley Juice	CMS #1681, R4657 <b>OR</b> CMS #1308, R4521	1 each
<b>Fresh Fruit: Choose 1</b> Fresh Fruit Option on EEC Menu	Fresh Fruit Option on EEC Menu	1 piece
Low-Fat 6 oz. Milk	Driftwood: CMS #7122, R8022	1 cup
	Clearbrook: CMS #9053, R8034	
Sporkette Kit with Straw	CMS #4126	1 each
Paper Bag <b>OR</b> Grab N Go Bag	CMS #4204 <b>OR</b> CMS #4133	1 each

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Option #3	CMS or Recipe Number	Serving Size
Yogurt 4 oz. <b>AND</b> Cheese Plank  Food & Nutrition Crackers	Mango Yogurt: DW: CMS #7155, R1678 CB: CMS #9160, R1679 Peach Yogurt: DW: CMS #7156, R1680 CB: CMS #9159, R1681	1, 4 oz.  1 each
	CMS #2525, R1129	1 bag
	CMS #1590, R2428	
Paradise Punch Vegetable Juice <b>OR</b> Orange Medley Juice	CMS #1681, R4657 <b>OR</b> CMS #1308, R4521	1 each
<b>Fresh Fruit: Choose 1</b> Fresh Fruit Option on EEC Menu	Fresh Fruit Option on EEC Menu	1 piece
Low-Fat 6 oz. Milk	Driftwood: CMS #7122, R8022	1 cup
	Clearbrook: CMS #9053, R8034	
Sporkette Kit with Straw	CMS #4126	1 each
Paper Bag <b>OR</b> Grab N Go Bag	CMS #4204 <b>OR</b> CMS #4133	1 each